

A PAGE FOR LADIES OF FASHION

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Don't exaggerate or misrepresent an article advertised in this page.

The KITCHEN CABINET

And when the hours of rest come like a calm upon the mid-sea brine... Hushing its billowy breast... The quiet of that moment too, is thine... It breathes of him who keeps the vast and helpless city while it sleeps.

HINTS ON CARE OF CHILD.

Children, like plants, need light, air, water and food for growth. The body needs besides these sleep and exercise to use well the food that is eaten.

Little children need food in small quantities and often, as they grow older the quantity, variety and time for feeding lengthens.

It is important that the hands and faces of little people be kept clean, so that they do not take into their bodies with food any disease germs.

What children eat builds them physically. Nothing should hinder the period of growth, for it can never be made up to them in later life.

Children should be taught to thoroughly chew their food, they should not be hurried in their eating, or fussed with and corrected during the meal. Foods that are not to be given children should not be temptingly displayed before them. For this reason their own mealtime and table is desirable.

The helpless child is dependent upon older people to provide for him; we should know and study his needs.

Sleep is an absolute necessity to any life; for children under three, there should be twelve hours sleep at night and a nap morning and afternoon. Children who are not given sleep enough at this time will reap the harvest of nerves and weakness all through life.

The eyes rest during sleep, the heart does not need to work so hard and the nervous system is refreshed by sleep. Not only the health, but the child's intelligence depend upon good habits in early life. Plenty of fresh air in the sleeping room is as necessary as good food at the table. The child who gets up with a headache and a bad taste in the mouth has often slept in a poorly ventilated room. Cold air is not pure air. The normal child gets its exercise in play. Too violent play is a strain upon the nervous system.

Bathing the skin is as necessary as flushing the digestive tract with water. Waste products, either outside or in, clog the system and cause disease.

We have not extraordinary powers of persuasion when they are exercised over ourselves.—Dickens.

The hardest and best borne trials are those which are never chronicled in any earthly record and are suffered every day.—Hud.

OUT OF ORDINARY RECIPES.

For a simple pudding, this will appeal to the thrifty housewife:

Mountain Dew Pudding.—Add two beaten yolks to a pint of rich milk, three tablespoons of grated cocoanut, teaspoonful of lemon juice and a quarter of a cupful of sugar. Mix and bake a half hour in a moderate oven. When firm and brown, cover with a meringue made of the whites of the eggs, well beaten and sweetened with three tablespoons of sugar. Set in a slow oven to brown.

Frozen Pudding.—Beat the yolks of six eggs until light, add a sirup made of two cupfuls each of sugar and water, boiled together five minutes. Beat a moment, take from the fire and beat until thick, smooth and cold; add a quart of cream, a teaspoonful of vanilla and partly freeze, then add a pint or less of chopped fruit which has stood two hours in orange juice.

Broule.—Take two quarts of fresh rich milk, add two cupfuls of sugar, eight eggs, beaten well, one cupful of brown sugar, caramelized, a teaspoonful of vanilla, a half teaspoonful of salt. Scald the milk, add the caramelized sugar and, when it is dissolved, add the rest of the sugar and the eggs. Freeze and stand to ripen at least an hour before serving.

Peanut Salad.—Soak a cupful of nuts in olive oil, drain and mix with two cupfuls of cut celery and a dozen chopped olives. Mix with mayonnaise and serve on lettuce. Serve ripe peaches with whipped cream and browned, chopped almonds, for a most dainty dessert.

Tongue served with raisin sauce is a dish which is nice enough to serve one's particular guests.

Natural affections and instincts, my dear sir, are the most beautiful of the Almighty's works; but, like other beautiful works of his, they must be reared and fostered.

WARM WEATHER DESSERTS.

The simple and less expensive dessert appeals to the housekeeper who has all of her own work to do and during the heated term she is wise to make her work as light as possible. The following desserts are not hard to prepare and are within reason as to expense.

Charlotte Russe.—Scald a cupful and a quarter of milk in a double boiler. Beat the yolks of two eggs slightly and mix with two tablespoons of sugar and a pinch of salt. Add the scalded milk gradually to the egg mixture and cook over hot water until thick. Now add one and one-fourth tablespoons of granulated gelatin soaked in four tablespoons of water. Strain and add the whites of two eggs, beaten at 56° into cold water and stir until it begins to thicken, then add a half pint of cream whipped, three tablespoons of powdered sugar and a tablespoonful of vanilla. Line a mold or bowl with strips of sponge cake or lady fingers and fill with the mixture. Chill and serve when firm.

Banana Cream.—Slice three ripe bananas, press through a sieve, add a small box of crushed strawberries, reserving part of the juice; beat together lightly and set on ice to cool. Serve in glass cups with sweetened whipped cream to which has been added the reserved strawberry juice. Serve very cold.

Maple Pudding.—Mix together a cupful and a quarter of maple sirup, a tablespoonful of sugar, four beaten yolks of eggs and cook in a double boiler until smooth. Soak two tablespoons of gelatin in two tablespoons of water, add to the cooked mixture, when cool, with the beaten whites of the eggs, beaten stiff, and a pint of cream whipped. Put into a mold and pack in ice to harden.

Cheerfulness and content are great beautifiers, and are famous preservers of youthful looks, depend upon it.

Gallantry, in its true sense is, supposed to simulate and dignify a man.—Dickens.

SUNDAY NIGHT SUPPER.

Home folks, on Sunday night, even after a substantial midday meal, feel an aching void as the usual time for the daily evening meal approaches. This is a good time to shift responsibility on the younger members of the household and teach them to prepare and serve a dainty meal. Let them plan surprises and take turns in serving. This will not only be a relief to the house-mother but will be valuable training for both boys and girls. Let the guest, for there should often be one, at the Sunday night supper, help in getting the meal ready, laying the table, preparing sandwiches or salad, or making tea, cocoa or coffee; he will enjoy it as much as she.

Fig and Nut Jelly.—Wash a cupful of pulled figs in cold water. Put them to cook in two cupfuls of cold water and stew until tender. Take them from the liquor, put into it a half-cupful of sugar and boil until the sirup thickens. Chop the figs into small pieces and add to them a couple dozen almonds, blanched and chopped. Have ready a half box of gelatin which has been soaked for half an hour in a cupful of warm water. Dissolve it in a cupful of boiling water, add to it the fig liquor (there should be three-quarters of a cupful), add a quarter of a cupful of orange juice, strain through a wire sieve and turn into a glass dish to chill. When stiff enough to keep the figs from sinking to the bottom, add the figs and nuts. Serve with whipped cream.

Tomatoes With Cream.—Cut very rich ripe tomatoes, which have been peeled, in quarters without separating them, so that the sections lie open like the petals of a flower. Heap a spoonful of sweetened whipped cream in the center of each and serve well chilled. Peel the tomatoes by scalding them and removing the skin. If served in flat glass dishes, this makes an especially attractive dish. Salt, paprika and a dash of vinegar may be added if liked before putting on the cream.

ECONOMIZE ON SKIRTS

MISTAKE TO HAVE TOO MANY IN THE WARDROBE.

Style's Changes Are Apt to Leave One With Perfectly Good Garments on Hand Which Have Little or No Value.

A word to the wise: If economy is an object to you do not buy too many separate skirts for summer. The effect of all washable skirts is very much of a muchness, so that a large variety of them is unnecessary. When skirt styles change, as they have been doing lately with startling abruptness, we do not know what to do with the old ones. Materials and weaves change constantly and the new ones are usually never desirable, so that it is not worth while to make the old stuff over, and yet we never seem to wear out a



Hat and Bag of Blue and Green-Striped Silk.

wash skirt, and they are always exasperatingly good at the end of a season.

What are we going to do, for example, with all our narrow wash skirts this summer? No self-respecting woman, be she ever so needy, will be found in them in this country, and it is hard to imagine of what use they would be to the European refugees, except, perhaps, as petticoats. The short, hot season of northern Europe makes the gift of them a doubtful blessing to the poor.

Of course it is not every year that skirts treble and quadruple their circumference, as they did this time, but we never really know what the morrow may bring forth, and we have no Madame Thebes in sartorial affairs to tell us. A little consideration will convince us that a moderate number of separate skirts and blouses will suffice us. Too great lavishness in this direction is an example of that ill-considered buying which is an economic mistake, no matter how large the income at our disposal.

Buy in haste and repent at leisure would be a good motto to engrave in the front of every woman's account book. It pays over and over again in satisfaction, as well as in dollars and cents to plan carefully for the season's clothes expenditure, and then to adhere to one plan and not yield to the temptation of cheapness and "bargains," to say nothing of the lure of prettiness, which assails us on every side. The beguiling is nowadays so subtle that we have to emulate St. Anthony and learn to beat his own game. The most highly-paid advertising managers are enlisted against us, and the lure of the shop windows of the cities is represented in the country by all the resources of the fashion magazines which are now broadcast over the length and breadth of the land, each one tempting us in expertly persuasive language and pictures to buy, buy, buy.

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CRETONNE IN THE BEDROOM

All Sorts of Dainty Furnishings May Be Formed of That Pretty, Light Material.

All sorts of charming bedroom furnishings are made with white enameled wood and flowered cretonne, and to the list of screens, window boxes, hat box receptacles and so on, has been added the cretonne dresser, which will be ideal for a cretonne-furnished country bedroom. The foundation is of white enameled wood, about as high and broad as an ordinary good-sized bureau of the type which has a long glass, and sides with small drawers which rise about the center section. The drawers are cretonne covered boxes which slide easily in and out when brass handles are pulled. There are two small drawers at each side for gloves, veils, handkerchiefs and other small belongings, and two long, deep drawers (or cretonne-covered boxes) for blouses and

lingerie, below. The best part of the dresser is its triple mirror, framed in white enamel. From the tall mirror in the center, in which almost the whole costume can be seen at once, two smaller mirrors spring out even with the top of the small drawer sections. These smaller mirrors swing on hinges, and may be moved so that every angle of the head and hat, or the collar and neckwear, may be carefully scrutinized.

The shop which shows this attractive piece of country furniture will supply the dresser in any desired pattern of cretonne, but it is specially dainty in rose-sprinkled French cretonne, or in a wistaria pattern in lavender and pale green.

FAVORITE COLORS ARE HERE

Shoes of Russet and Tan Leather Will Be Strictly in Style During the Summer Months.

Women were beginning to feel that russet and tan leather were not to take part in the shoe-and-slipper game this season; but now they may rejoice, for these two shades promise to be very fashionable among the ultra-smart women.

It is noticeable, however, that these colors are usually employed in connection with leather of another color. One stunning pair of pumps has the heel, vamp and part of the shoe of russet leather, while the space between the front and back sections was filled in with champagne-colored leather.

A slipper which is built high enough to resemble an oxford is partly of russet leather. The vamp and heel are of white leather. Across the vamp strips of tan leather are stitched to simulate lacing.

Quite a number of pumps and slippers are made absolutely without trimming, but depend upon their cut and stitched seams for decoration. One pair of russet leather has a slight point over the instep. This cut gives the effect of a tongue.

The extreme shortness of skirts makes it most necessary for women to pay strict attention to their footwear. If one has an ankle which is too bulky to be seen above a low shoe, there are plenty of high models which will improve what nature has slighted and allow the wearer to enjoy the sensation of being prettily shod.

CHARMING ROBE



Of Woven Blue Lined With Cherry and Trimmed With Fringe Braid. Large Patch Pockets.

Gored Skirts Again.

Gored skirts are rapidly appearing. One of the latest models shown is cut like an umbrella, with eight or ten gores. The seams are joined by a cord and a cord finishes the scalloped edges at the bottom of the skirt. Each scallop is the width of the gore at the bottom. The many-gored skirt recalls skirts worn several years ago, and one wonders if this is a forerunner of the once popular organ-pipe skirts which had from 11 to 15 gores and with the aid of haircloth were made to form a rounded effect resembling the pipes of an organ.

Nellie Maxwell